

# MANICURES

**Remedy Manicure      \$20.00**

Warm hand soak, nails trimmed, cuticles clipped, massage and choice of polish.

**Shellac Manicure      \$27.00**

The same as a manicure, but your nails are polished with shellac that lasts for two weeks!

**Pedicure      \$35.00**

A relaxing foot soak, exfoliation, cuticle and nail care, leg and foot massage and choice of polish.

**Child's Manicure and Pedicure      \$35.00**

Ages 8 and under.

**Spa Manicure or Pedicure      add \$5.00**

(Paraffin Dip) Hydrates and softens the hands or the feet.

**French Manicure or Pedicure      add \$5.00**

## Wellness

From Head  
to Toe

When you treat yourself to one of the therapeutic services at Remedy, you're doing more than simply pampering your body; you're soothing your soul, freeing your mind, and gently leaving your everyday stressors behind. At Remedy, we will submerge you in a world of relaxation and harmony.

**REMEDY**  
SALON AND SPA

Wellness therapy from  
head to toe

10 Railroad Square  
Waterville, ME 04901  
207.859.8886

# REMEDY

SALON AND SPA

 *Wellness From Head to Toe*



**207.859.8886**

# BODY THERAPIES

## **Hot Stone Massage**      **\$75.00**

Massage using warm stones on the body to soften and warm muscles to stimulate circulation of blood and lymph and evoke a powerful feeling of relaxation.

## **AromaTouch Massage**      **\$45.00**

Massage technique using eight different oils to reach optimal areas within the body to help combat stress, enhance immune function, decrease inflammation, and balance the nervous system.

## **Full Body Massage**      **\$65.00**

Classical massage techniques using light to average pressure, bringing health benefits, tension relief and relaxation.

## **Zone Massage**      **\$35.00**

Zoning in on a particular area more intensely with deep pressure, effleurage and warming liniment.

## **Back Facial**      **\$60.00**

Wonderfully relaxing, cleansing treatment for the back. Great for the backless dress!

## **Scalp Massage**      **\$30.00**

Ten-minute relaxing scalp massage with essential oils followed by a shampoo and blow-dry.

## **Reflexology**      **\$50.00**

The ultimate feet treat! Relax in a zero gravity chair, beginning with a foot soak, deep pressure massage and manipulation. Points on the feet are stimulated that directly affect individual organs and parts of the body. This treatment induces deep relaxation, improves circulation and revitalizes energy.

# FACIALS

## **Remedy Signature Facial**      **\$60.00**

Luxurious and relaxing facial customized to your skin's needs. Deep cleansing, toning, exfoliation, mask and moisturize. Neck and shoulder massage.

## **Teen Facial**      **\$50.00**

Introduces younger clients to the importance of a proper skin care regimen.

## **Mini Facial**      **\$40.00**

**Lunch-35min.**

Relaxing facial treatment that tones, exfoliates and rejuvenates skin. Leave with a healthy glow!

## **Gentleman's Facial**      **\$40.00**

Designed for the guys. Deep pore cleansing. Will leave skin clean, refreshed and hydrated.

# HAIR CARE


*We also offer an array of hair services.*

*Please contact us for prices.*

# REMEDY

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